



Self-Pay Fees

Psychiatric Fees Our current self-pay fees for psychiatric services are \$250 for an initial visit focusing on assessment and evaluation. Follow-up sessions are billed at \$125. The follow-up rate applies to all appointments even if the initial evaluation must be extended over several sessions. Additionally, other psychiatric services that require longer than 10 minutes of time are billed at \$75 per 15-minute increment. This includes report writing, FMLA forms, Emotional Support Letters, Letter of Care, etc.

Court proceedings and any forensic work (even if required to testify by another party) are billed at \$300 per hour. Moreover, the hourly rate for any out-of-office proceedings (including depositions and court hearings) are based on the number of patient hours cancelled to provide this service.

Psychotherapy Fees Our current self-pay fees for psychotherapy services are \$120 for an initial 60 minute session. Follow-up sessions are billed at \$60 for a 30-minute session. Other psychotherapy services that require longer than 10 minutes of time are billed at \$25 per 15-minute increment.

Behavior Assessments, Analysis & Coaching Fees Our current self-pay fees for behavior testing, analysis & coaching services are as follows: Behavior Assessment and Analysis for patients not receiving psychotherapy or psychiatric services is \$59 for an initial 20 minute session allowing you to explore and understand your Mental Health Performance insight. For more in-depth interpretation or coaching focused on innate strengths necessary to improve your quality life and health and help you determine why and how you will naturally make decisions the fee is \$249 for a 45 minute session. Follow-up sessions are billed at \$125 for a 30-minute session. Other innate behavior analysis & coaching services that require longer than 10 minutes of time are billed at \$50 per 15-minute increment.

All fees are subject to change overtime and will be reviewed on a yearly basis. Any fee changes will be communicated with the financial responsible party via written notice/documentation via the patient portal. Information regarding the “No Surprises Act” is contained on the next page.

At times we may offer promotions that reduce the costs, in that case we will honor the promotional price. We also offer a sliding scale fee discount for those with financial hardships, limitations apply. The percentage/discount you pay is based off our current fees as described above.

If you have any questions about our self-pay fees, please contact us by email at billing@demahealth.com

Thank you,

Cassandra Govan
DEMA Health

Good Faith Estimate

You have the right to receive a “Good Faith Estimate” explaining how much your medical care will cost.

Under the law, health care providers need to give patients who don’t have insurance or who are not using insurance an estimate of the bill for medical items and services.

- You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency items or services. This includes related costs like medical tests, prescription drugs, equipment, and hospital fees.
- Make sure your health care provider gives you a Good Faith Estimate in writing at least 1 business day before your medical service or item. You can also ask your health care provider, and any other provider you choose, for a Good Faith Estimate before you schedule an item or service.
- If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill.
- Make sure to save a copy or picture of your Good Faith Estimate. For questions or more information about your right to a Good Faith Estimate, visit www.cms.gov/nosurprises or call 800-985-3059.